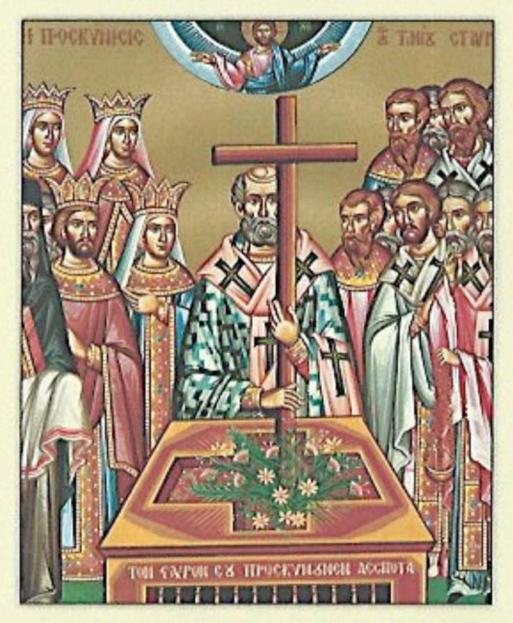


Three Hierarchs Greek Orthodox Church

SUNDAY WEEKLY BULLETIN April 3rd, 2016 V. Rev. Archimandrite Eugene N. Pappas

THIRD SUNDAY OF THE GREAT FAST VENERATION OF THE HOLY CROSS



Icon of the Veneration of the Holy Cross

1724 Avenue P Brooklyn, New York 11229-1206 Tel: (718) – 339- 0280

St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

Prokeimenon. Mode Plagal 2.

Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Πρός Έβραίους 4:14-16, 5:1-6

Προκείμενον. ή Ηχος πλ β΄.

ΨΑΛΜΟΙ 27.9,1

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σἐ, Κύριε, κεκράξομαι ὁ Θεός μου.

Αδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανούς, Ἰησοῦν τὸν υἰὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθῆσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἀμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὕκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεύς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρη δῶρά τε καὶ θυσίας ὑπὲρ ἀμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περίκειται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἐαυτοῦ, προσφέρειν ὑπὲρ ἀμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμήν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γενηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υίός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρω λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

Sunday of the Holy Cross

The Gospel according to Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Sunday of the Holy Cross Κατὰ Μᾶρκον 8:34-38, 9:1

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὡς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὡς δ᾽ ἂν ἀπολέση τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὖτος σώσει αὐτήν. τί γὰρ ἀφελήσει ἄνθρωπον ἐὰν κερδήση τὸν κόσμον ὅλον, καὶ ζημιωθῆ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὡς γὰρ ἐὰν ἐπαισχυνθῆ με καὶ τοὺς ἐμοὺς λόγους ἐν τῆ γενεᾳ ταύτη τῆ μοιχαλίδι καὶ ἀμαρτωλῷ, καὶ ὁ υἰὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἕλθη ἐν τῆ δόξη τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἀγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσί τινες τῶν ὧδε ἑστηκότων, οἵτινες οὐ μὴ γεύσωνται θανάτου ἕως ἂν ἵδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

DEVOTIONS THIS WEEK:

April 10th,

Sunday,	April 03rd,	VENERATION of the HOLY CROSS RELIC	Noon
		Solemn Procession and Litany.	
Wednesday,	April 06th,	PRE-SANCTIFIED Liturgy	6:30 P.M.
Thursday,	April 07th,	shut – in EUCHARISTIC VISITS	11:00 A.M.
		(please call the OFFICE for an appointment)	
Friday,	April 08th,	4th, STANZA of the SALUTATIONS	7:00 P.M.

Buses will depart from church at 1:00 P.M. Reserve your seat NOW!

AGAPE COFFEE FELLOWSHIP HOUR is being hosted today by the Ladies Philoptochos Society in WHITEHALL. Please join us for refreshments.

GREEK INDEPENDENCE DAY PARADE N.Y.C.

CHURCHINGS TODAY:

Sunday,

- "CONSTANCE PENELOPE 'new born daughter of Christopher and Alexa (PEIST) FRANCESE. NA SAS ZESE! "CHRYSOVOULANTIS GEORGE" new born son of George and Irene (PLEVRITIS) XENAKIS. NA SAS ZESE!
- **RELIC of the HOLY CROSS:** which is enshrined on the Sacred Altar throughout the year is traditionally processed through the faithful on the 3rd, SUNDAY of LENT (STAVROPROSKYNISIS) and the EXALTATION of the CROSS on September 14th. We ask you to let the shadow of the cross relic fall upon you as we kneel in solemn prayer for the intentions of our soul. MAY YOU BE BLESSED!

POPE SAINT GREGORY of ROME an Orthodox Saint of the undivided CHURCH prescribed the PRE – SANCTIFIED LITURGY of the Lenten period. Have you NOT attended any of these 'unique', inspirational and most moving liturgical services? Make an effort THIS WEDNESDAY EVENING 6:00 – 7:00 P.M. after work and before your dinnerreceive the LIVING LORD in the EUCHARIST! you will never be he same again. This coming Wednesday April 06, at 6:00 P.M. - 7:00 P.M.

NARTHEX RENOVATION COMMENCES: Please excuse our narthex conditions while we are under renovation and renewal of the area. With your support and assistance the finished product will be a pride to our church. Solicitation of donations for the NARTHEX will commence <u>after PASCHA</u>. Please consider a POST – PASCHA memorial tribute to our loved one.

LENTEN FULL SCHEDULE of all services from NOW until HOLY WEEK has been printed and mailed to all member stewards of the parish. If you have NOT received one please register with the church office NOW! Upon request of the staff, copies of the schedule are available in the OFFICE. Take special note of the evening sacred devotions and liturgies.

PASCHA DONATIONS: are requested for the Holy Week Services. Please do not purchase any items unless you confirm with Father Eugene as to what is required. Too much of one thing and little of another does not help us. DO NOT SPEAK TO FATHER AT THE DISTRIBUTION OF ANTIDORON, P L E A S E! See him in the office after services or by telephone. OUR NEEDS EACH YEAR:

- 1. Aromatics for the Sacrament of Euchelaion
- 2. PURE OLIVE OIL FOR THE ANOINTINGS OF HOLY WEDNESDAY,
- 3. Large King Size WHITE FLAT sheets for the APOKTHELOSIS of Good Friday afternoon Descent from the Cross.
- 4 Funeral Wreaths for the Holy Cross CRUCiFIXION of Good Friday. Dimensions are available. upon request.
- 5. Sacramental wine for altar use Holy Thursday, Holy Saturday and PASCHA. Special wine is prescribed, SO ASK!
- 6. VOLUNTEERS! VOLUNTEERS! To help weave 5,000 palm crosses for PALM SUNDAY distribution. Other hands to help DYE the RED EGGS of PASCHA night!

PASCHAL (Easter Card) In anticipation of the Resurrection of our Lord, and keeping this Great Lent period of spiritual reflection, we are offering you the opportunity to be included in our "Parish Easter Card". Your name will be listed on the card for a nominal donation of \$20.00. In this manner you will benefit our Church, sending the good news of our Lord's Resurrection to over 1,000 families and friends of the Three Hierarchs parish. If you wish to be listed on the Parish Easter Card, please complete the form sent to you and return it in the enclosed envelope, together with your check payable to "Three Hierarchs Church: DEADLINE IS SUNDAY, APRIL 10, 2016.

U.P.K. REGISTRATION is NOW GOING ON at THREE HIERARCHS SCHOOL for children born in 2012. This is accredited U.P.K. of the Department of Education of the City of New York. IT IS TUITION FREE. All 4 year olds born in 2012 are eligible to attend full day classes from 8:00 A.M. to 3⊚) P.M. with snacks and Lunch provided by the CITY.....FREE. Call the administration at (347) 729 − 0446 Ms. Eugenia the Principal , or Ms. Georgia the Secretary for full details. don't miss this opportunity to give your child a 'HEAD START' in formal education through UNIVERSAL PRE − KINDERGARTEN. CALL NOW!

RADIO MINISTRY: Each Saturday at 1:15PM Fr. Eugene hosts and produces the radio broadcast MATTERS OF CONSCIENCE NOW IN ITS 16TH YEAR OF BROADCASTING LIVE ON WNYE 91.5 COSMOS FM, with listener telephone participation. Subjects of interest regarding Greek Orthodox theology, faith and practice, as well as secular topics confronting the nation and the world are discussed. Tune in and join the dialogue by calling 718-204-8900. Check our live audio at LIVESTREAMINGPLAYER. The website address. W.W.W.gaepis.org (Click live audio)

MEMORIALS TODAY: + EILEEN PINES



SELECT STUDENTS OF THE GREEK SCHOOL WITH PRINCIPAL FR. EUGENE AND TWO FACULTY MEMBERS, MS. ZOE ANASTASAKOS AND MS. MARIA HALKIAS AT THE INDEPENDENCE PRESENTATION.



THREE HIERARCHS PARISH SENIOR CLUB NEWSLETTER APRIL 2016





UNITED ARTISTS THEATER DAY Sheepshead Bay MY BIG FAT GREEK WEDDING II MOVIE ON APRIL 6TH

AT 11:30 A.M AT 11:00 A.M. Car Pooling from church

KOFFEE and KAKE at KOUROS DINER! (members are treated by the club)

COMMUNION BRUNCH

Pre-Sanctified Liturgy 10:00 A.M. Brunch 11:00 A.M.

BINGO

Coffee and Biscuits

PALM WEAVING DAY 11:00 A.M.

(starting at 11:00 A.M.)

BINGO

Coffee and Lenten sweets

WE NEED YOUR NIMBLE FINGERS !!!!

NO MEETING DAY - HOLY WEEK

Anointings and

3:00-4:00 P.M. 7:00-8:00 P.M.

We wish to extend to all our members a most holy, happy and CHRISTOS ANESTI! ALITHOS ANESTI! healthful PASCHA.

Up-coming events: Sunday, April 10th,

GREEK INDEPENDENCE DAY PARADE: 5TH Avenue

Buses from church

NOON

Friday April 15th,

AKATHISTOS HYMN to the Blessed Virgin

7:00-8:30 P.M.

Monday, April 18,19, and 20th,

PALM WEAVERS needed for the crosses of Palm Sunday

11:00 A.M.

Wednesday, April 20th,

6:00 P.M.

PRE-SANCTIFIED LITURGY and POT LUCK DINNER (Served by the Daughters of Penelope)

DON' MISS ANYTHING!



HELEN PAVLIDES - PRESIDENT





«Ἐγενόμην ἐν Πνεύματι ἐν τῇ Κυριακῇ ἡμέρᾳ καὶ ἦκουσα φωνὴν ὁπίσω μου μεγάλην ὡς σάλπιγγος» (Άπ. 1,10)

Περίοδος Δ' - "Έτος ΑΓ' Φλώρινα - ἀριθμ. φύλλου 1939 Κυρ. Γ΄ Νηστ. Σταυρ/σεως (Έβρ. 4.14 – 5.6) 3 Άπριλίου 2016

Συντάκτης (†) ἐπίσκοπος Αύγουστίνος Ν. Καντιώτης

Ταπεινοὶ στὸ θρόνο

«Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἴνα λάβωμεν ἔλεον καὶ χάριν εὔρωμεν εἰς εὔκαιρον βοήθειαν» (Ἑβρ. 4,16)

ἄνθρωπος, άγαπητοί μου, εἶνε ὑπερήφανος, πολύ ὑπερήφανος. Ίδίως ὁ ἄνθρωπος τοῦ αἰῶνος μας. Καυχᾶται γιὰ τὴ δύναμί του, γιὰ τὰ πλούτη, τὴν τέχνη, τὴν εὐφυΐα του, καὶ πρὸ παντὸς γιὰ τὴν ἐπιστήμη του. "Αντε τώρα σ' ένα τέτοιο ἄνθρωπο νὰ μιλήσης γιὰ τὸ Θεό. Σήμερα, σοῦ λέει, ποὺ πετᾶμε στὸ διάστημα, δὲν ἔχουμε ἀνάγκη ἀπὸ τὸ Θεό.

Άλλὰ πόσο πλανᾶται! "Όσο κι ἄν προοδεύση ή ἐπιστήμη, ὁ ἄνθρωπος εἶνε ἔνα ἀσθενικὸ πλάσμα. "Όπως λέει ὁ ψαλμωδός, «ώς ἄνθος μαραίνεται καὶ ώς δναρ παρέρχεται καὶ διαλύεται πᾶς ἄνθρωπος» (Εξίδ. άκολ: βλ. Ψολμ. 102,15, 168 142 15.30. Hz. 41,58 = Κ'Πέτο 124. Μία σταγόνα αίμα στὸν ἐγκέφαλο, ἔ-

να μικρόβιο, καὶ νά ὁ θάνατος.

Κι αὐτὰ τὰ μηχανήματα, γιὰ τὰ ὁποῖα καυχᾶται ή τεχνολογία, ἔγιναν ὁ μεγαλύτερος φόβος τοῦ ἀνθρώπου, Παράδειγμα τὰ αὐτοκίνητα. Κι αὐτὴ τὴν ὥρα ἴσως κάποιος κάπου σκοτώνεται κάτω ἀπ' τοὺς τροχούς... Καὶ ἀπὸ διαστημόπλοιο ἀκόμη διὰ τοῦ ῥαδιοτηλεφώνου άκούστηκε κάποτε σπαρακτική φωνή. "Ένας άστροναύτης, όχι ἀπ' αὐτοὺς ποὺ σώζονται κ' ἐπιστρέφουν άλλ' άπὸ ἐκείνους ποὺ χάνονται, άκούστηκε νὰ φωνάζη· «"Αχ! σκοτάδι, ἄβυσσος, Θεέ μου...», κ' ή φωνή του ἔσβησε.

Έλα λοιπόν, ἄνθρωπε, μὲ τὰ μηχανήματα καὶ ὅλα τὰ ἐπιτεύγματά σου, καὶ δὲς ὅτι δὲν είσαι τίποτε. Άναγνώρισε τὴν ἀδυναμία, τὴν άσθένεια, τὴν ἐξάρτησί σου, καὶ ταπεινώσου. Δὲν ἔχεις ἀνάγκη τὸ Θεό; Τί λόγος εἶν' αὐτός;

Δὲν ζῆ τὸ λουλούδι χωρὶς νερό, τὸ πουλὶ χωρίς ἀέρα, τὸ ψάρι ἔξω ἀπ' τὴ θάλασσα καὶ ὁ ἄνθρωπος δὲν ζῆ χωρὶς Θεό. Εἶνε μία ἀνάγκη βαθυτάτη, ἀνεκρίζωτη ἀπὸ τὰ στήθη κάθε ἀνθρώπου, εΐτε κατοικεῖ στὰ σπήλαια εἵτε στοὺς οὐρανοξύστες, εἴτε φωτίζεται μὲ δαδὶ εἴτε άνάβει ήλεκτρικές λάμπες. "Εχει άνάγκη τὸ Θεό.

Μά, θὰ μοῦ πῆτε, μᾶς ἀκούει ὁ Θεός; ἐκεῖ-

νος εἶνε τόσο ψηλά... Τί εἵπατε, ἀδελφοί μου; Έμεῖς δὲν πιστεύουμε σ' ἔνα Θεὸ ποὺ βρίσκεται σὲ κάποια γωνία τοῦ ἀπείρου σύμπαντος καὶ βλέπει ἀπαθῶς τὴν κατάστασί μας: δὲν πιστεύουμε ὅπως οἱ Γιαπωνέζοι καὶ οἱ Κινέζοι καὶ οἱ Ίνδοὶ ἢ οἱ ἀρχαῖοι εἰδωλολάτρες πρόγονοί μας. Έμεῖς πιστεύουμε σ' ἔνα Θεό -«τίς Θεός μέγας ώς ὁ Θεὸς ήμῶν;» (Ψύμ 76.14)— ποὺ ἀπὸ τὰ ὕψη τοῦ οὐρανοῦ κατέβηκε ἐδῶ στὴ Γῆ κ' ἔγινε ἄνθρωπος: ἔκλαψε, πείνασε, δίψασε, πόνεσε, ύπέστη όλα τὰ ἀνθρώπινα καὶ στὴ Γεθσημανή ἔσταξε «ό ίδρὼς αὐτοῦ ώσεὶ θρόμβοι αἵματος» Ιωκ Ζ.4)· πάλεψε μὲ τὸ κακό, συκοφαντήθηκε καὶ σταυρώθηκε, γνώρισε ὅλη τὴν τραγωδία τῆς ἀνθρωπίνης ζωῆς, κ' εἶνε συμπαθὴς σ' έμας. "Ας τρέξουμε λοιπὸν κοντά του, ας προσπέσουμε στὰ ματωμένα πόδια τοῦ Έσταυρωμένου, κι ας ποῦμε σ' αὐτὸν τὰ βάσανα καὶ τὶς θλίψεις μας, γιὰ νὰ βροῦμε «εὕκαιρον βοήθειαν», ὅπως λέει σήμερα ὁ ἀπόστολος (Εβι.4.16).

Άφοῦ σᾶς ἔδειξα, ἀγαπητοί μου, τὴν ἀδυναμία τοῦ ἀνθρώπου, θὰ σᾶς δείξω τώρα μερικὲς περιπτώσεις ποὺ ὁ ἀδύναμος ἄνθρωπος καταφεύγει στὸ Θεό καὶ ζητάει βοήθεια.

 Άρρώστησες; ἔχεις πέσει στὸ κρεβάτι κ' οί γιατροί σ' έχουν ξεγράψει; Μὴν ἀπελπισθῆς. Πάνω άπὸ γιατρούς καὶ νοσοκομεῖα εἶνε ὁ Ἰησούς ό Ναζωραΐος. Σ' αύτὸν νὰ καταφύγης. Κι ὅπως ὅταν ἦταν ἐδῶ στὴ Γῆ θεράπευσε τόσους άρρώστους, έτσι καὶ σήμερα θεραπεύει: άρκεῖ νὰ τὸ ζητήσης. Δὲν εἶνε παραμύθι αὐτό – ᾶς φωνάζουν οἱ ἄπιστοι· εἶνε ἀλήθεια. Κ' έδῶ τώρα ὑπάρχουν κάποιοι πού, ἐνῷ ἀπογοητεύθηκαν ἀπὸ τοὺς γιατρούς, ξαφνικὰ μιὰ προσευχή τῆς μάνας κ' ἔνα δάκρυ στάθηκαν ή αίτία νὰ θεραπευθοῦν. Άμέτρητα εἶνε τὰ παραδείγματα ποὺ φωνάζουν, ὅτι παραπάνω ἀπ* όλα είνε ὁ Χριστός. "Ας τρέξουμε κοντὰ σ'

αὐτόν, ποὺ εἶνε «ὁ ἰατρὸς τῶν ψυχῶν καὶ τῶν σωμάτων ήμῶν» [Ε.Νει μεὶ ἡθίπει ἡμὸ].

Δὲν ἔχεις χρήματα, δὲν εἴσαι πλούσιος, δὲν ἔχεις καράβια, δὲν εἴσαι ἔνας ἐκμεταλλευτὴς ποὺ θησαυρίζει, ἀλλὰ εἴσαι ἔνας φτωχὸς ἐργάτης ποὺ δουλεύει σκληρὰ ἀπ' τὸ πρωὶ μέχρι τὸ βράδυ καὶ ποτίζει τὴ γῆ μὲ ἴδρῶτα καὶ δάκρυ; Νά 'χης χαρὰ κ' ἐλπίδα. "Ελα κοντὰ στὸ Χριστόαὐτὸς ἦταν ὁ πρῶτος ἔργάτης τοῦ κόσμου.

 Είσαι οἰκογενειάρχης; παλεύεις μὲ μύρια ἐμπόδια (ίδιοτροπία συζύγου, αὐθάδεια παιδιῶν, προπέτεια τῆς κόρης, σκάνδαλα τῆς κοινωνίας); άγωνιᾶς πῶς θὰ κρατήσης τὴν τιμὴ τοῦ σπιτιοῦ, πῶς θ' ἀναστήσης τὰ παιδιά σου, πῶς θὰ παντρέψης τὰ κορίτσια σου, πῶς θ' ἀνταποκριθῆς στὰ χρέη σου; – μόνο ἔνας πατέρας ξέρει τί ἀγώνας γίνεται σήμερα μέσα στὸ χάος ποὺ δημιούργησε μία γενεὰ ἀποστάτις καὶ «μοιχαλίς» Μπ! 123 Μακ. έξει. Τρέξε λοιπὸν στὸ Χριστό, ποὺ είνε ό άληθινὸς φίλος τής οἰκογενείας. Γράψτε το δπου πατήση τὸ πόδι του ὁ Χριστός, έκεϊ καὶ ή καλύβα γίνεται παράδεισος- δπου λείπει ὁ Χριστός, ἐκεῖ καὶ τὰ παλάτια γίνονται κολάσεις. Τρέξε κοντά του μὲ πίστι. Δὲν ὑπάρχει ἄλλο στήριγμα στὸν κόσμο.

• Δὲν εἶπα ὅμως ἀκόμη τίποτα, ἀδέρφια μου. Τὴν ἄγια αὐτὴ ἡμέρα τῆς Σταυροπροσκυνήσεως, θὰ μοῦ ἐπιτρέψετε ν' ἀπευθύνω τὸ σπουδαιότερο ἐρώτημα. Δὲν σὲ ρωτῶ τώρα ἄν εἶσαι ἄρρωστος ἢ ἐργάτης φτωχὸς ἢ οἰκογενειάρχης. Ένώπιον τοῦ Ἐσταυρωμένου καὶ τοῦ τιμίου Σταυροῦ, ἐρωτῶ· εἶσαι ἀμαρτωλός; Πρέπει ν' ἀπαντήσης σήμερα· σὲ ὑποχρεώνει ὁ σταυρὸς νὰ πῆς ἄν εἶσαι ἀμαρτωλός. 'Αν πῆς «ὄχι», λὲς ψέματα· γιατὶ ἡ Γραφὴ λέει ὅτι, καὶ μιὰ μέρα ἀκόμα ἄν ζήση ὁ ἄνθρωπος πάνω στὴ γῆ, εἶνε άδύνατον νὰ μείνη καθαρὸς καὶ ἀναμάρτητος | Ιλ ¼ ¼ ¼ β κὶ ¼ Γιρωμ Δίξι. Ένας μόνο εἶνε ὁ ἄγιος καὶ ἀναμάρτητος, ὁ Κύριος ἡμῶν Ἱησοῦς Χριστός· ἐμεῖς οἱ ἄλλοι εἵμαστε ἀμαρτωλοί.

Ποιές εἶνε οἱ άμαρτίες μας; Πάρε σήμερα τὴ ζυγαριὰ τοῦ σταυροῦ καὶ ζύγισε τὰ άμαρτήματά σου. Δὲν ἐννοῶ μόνο τὶς ἐξωτερικὲς πράξεις (μοιχεῖες, πορνεῖες, ἐγκλήματα)· άμαρτήματα εἶνε καὶ τὰ λόγια, άμαρτήματα εἶνε καὶ οἱ λογισμοί, οἱ κινήσεις τῆς ψυχῆς, δλου τοῦ συναισθηματικοῦ καὶ νοητικοῦ κόσμου μας. Κάθε ὰμαρτία, ὅπως εἶπε κάποιος, εἶνε μιὰ μαύρη πέτρα τῆς κολάσεως. Κι ἄν μαζέψης ὅλες αὐτὲς τὶς μαῦρες πέτρες, ἀπὸ τὴν παιδικὴ ἡλικία καὶ τὰ νιᾶτα σου μέχρι σήμερα, θὰ φτειάξης ἔναν "Ολυμπο κατάμαυρο. Ποιός μπορεῖ νὰ μετακινήση αὐτὸ τὸ βουνό, τὸ μαῦρο καὶ γρανιτῶδες ὄρος τῆς ἀμαρτίας;

Ό Άρχιμήδης έλεγε «Δός μοι πα στω καὶ τὰν γὰν κινάσω» [il. ling: ling: ling: ling: αίθις δῶσ' μου ποῦ νὰ σταθῶ, δῶσ' μου ὑπομόχλιο, καὶ θὰ κινήσω ὁλόκληρη τὴ Γῆ. Κ' ἐγὼ λέω· δὲν ἔχουμε ἀνάγκη ἀπὸ ὑπομόχλιο. Βουνὸ ἀπέναντί μας, ποὺ πλακώνει τὰ στήθη, εἶνε οἱ ἀμαρτίες μας. Άνεβαίνω στὸ Γολγοθᾶ. Κ' ἐκεῖ ὁ Χριστός, μὲ μοχλὸ τὸ σταυρὸ καὶ ὑπομόχλιο τὸ Γολγοθᾶ, σηκώνει τὸ βουνό, τὸ ἀνατρέπει καὶ τὸ ρίχνει στὴν ἄβυσσο τοῦ θείου ἐλέους καὶ τῶν οἰκτιρμῶν. Μὴν ἀπελπίζεσαι λοιπόν, ἀμαρτωλέ, ὅσο πολλὰ καὶ μεγάλα κι ᾶν εἶνε τ' ἀμαρτήματά σου. Ὁ Χριστὸς εἶνε «ὁ αἴρων τὴν άμαρτίαν τοῦ κόσμου» [is.12].

Μόνο μὴ ἀναβάλλεις· τρέξε σήμερα, μὴ χάσης τὴν εὐκαιρία. Τὸ «σήμερον» τονίζει ὁ ἀπόστολος [Εμ.1]. Εὐπό τὸ σήμερα εἶνε δικό μας, ὅχι τὸ αὔριο. "Αν ἀκούσης τὴ φωνή του, νὰ ὑπακούσης ἀμέσως. Σήμερα ποὺ ζῆς, ποὺ ἡ σκέψι σου λειτουργεῖ, ποὺ τὰ χέρια σου κινοῦνται, ποὺ τὰ πόδια σου τρέχουν, ποὺ ἡ γλῶσσα σου μιλάει. "Αντε στὸ σπιτάκι σου, κλείσου στὸ δωμάτιό σου, πάρε ζυγαριὰ καὶ μέτρησε τ' ἀμαρτήματά σου καὶ γονάτισε μπροστὰ στὸν Έσταυρωμένο μὲ μετάνοια. "Όπως εἶπε ὁ ἀπόστολος Παῦλος, «προσερχώμεθα ... τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὖρωμεν εἰς εὕκαιρον βοήθειαν» [Εἰς 4]Ε.

Άδελφοί μου, τελείωσα. Σφραγίζω τὰ λόγια μου μ' ἔνα παράδειγμα. Τὰ καράβια εἶνε ἀπαραίτητο νὰ ἔχουν ἀσύρματο. Σὲ ὥρα κινδύνου ἐκπέμπουν τὸ σῆμα ΣΟΣ [S.D.S] κι ἀμέσως πλοῖα κι ἀεροπλάνα σπεύδουν νὰ βοηθήσουν.

Μὲ ἐννοήσατε; Θάλασσα εἶνε κι ὁ κόσμος αὐτός. Καὶ μακάρι νὰ εἴχαμε μπουνάτσα. Δὲν ζοῦμε σὲ καιρὸ μπουνάτσας – νὰ φύγη ἀπὸ τὸ μυαλό μας αὐτό. Μέσα στὰ ἄγρια κύματα σὰν μικρά σκάφη πλέουμε κ' έμεῖς, καὶ ώς ἄτομα καὶ ώς οἰκογένειες καὶ ώς ἔθνος. Ἡ πατρίδα μας δέν γνώρισε μπουνάτσες: τρικυμίες γνώρισε. "Άλλα ἔθνη πνίγηκαν, καταποντίστηκαν, χάθηκαν. Άλλὰ τὸ μικρὸ σκάφος ποὺ λένεται Έλλας έχει ασύρματο· καὶ ὁ ασύρματός του είνε ή προσευχή «Κύριε τῶν δυνάμεων μεθ' ήμῶν γενού...» Νέι λτίδ). Αὐτὸ πιστεύουμε, Στὴ νῆ αύτή τοῦ μαρτυρίου καὶ τοῦ πόνου -δὲν εἶνε παραμύθια αὐτά-, στὰ ψηλά μας βουνά, στοὺς κάμπους καὶ στὶς θάλασσές μας, ἀκούγεται ή προχευχή τῶν ἡρώων μας - μυριάδες τάφοι! "Οχι, δὲν θὰ νικήση ή ἀπιστία κ' ή ἀθεΐα. Θὰ νικήση ὁ Χριστός, ἡ ἀγία του πίστις. Αὐτὸς εἶπε καὶ έλάλησε, καὶ ή μαρτυρία του εἶνε άληθινή.

(†) ἐπίσκοπος Αὐγουστῖνος

The Lord gives us once again an opportunity to express our solidarity by becoming a supporting and registered member of the parish. We can only urge you to do so because your sustaining membership keeps this parish functioning and responding to the needs of all the faithful. Don't wait until some insignificant date on the calendar. Register with the Church Office **TODAY** and garner all the benefits of being a supporter of Christ's mission on earth.

FAMILY REGISTRATION FOR HUSBAND & WIFE: \$275 PER YEAR SINGLE MEMBERSHIP: \$225 PER YEAR SENIOR CITIZEN INDIVIDUAL MEMBERSHIP \$150 PER YEAR SENIOR CITIZEN HUSBAND & WIFE MEMBERSHIP: \$200 PER YEAR WE DO NEED YOUR HELP!

Registering with your local parish is not so much a duty or obligation as it is a **PRIVILEGE.** By registering and offering your annual stewardship, you become an integral member of the living body of Christ as a faith community. By virtue of your Baptism, Chrismation (Confirmation), and Holy Eucharist (Communion), you claim to be a follower of Christ, a witness for Christ, and a practitioner for Christ. May we ask you then to live up to these promises by making your 2016 commitment **TODAY!** The benefits you shall receive beyond grace include the satisfaction and knowledge that this Church and community thrives thanks to your outreach.

YOU ARE PART OF THE GREAT FRESCO OF FAITH

The Cross

The Cross abolished idolatrous worship, enlightened the whole universe, gathered all the nations into one Church and united them with love. The Cross is the resurrection of the dead. The Cross is the hope of Christians, The Cross is the staff for the lame. The Cross is comfort for the poor. The Cross is the deposing of the proud. The Cross is the hope of those who despair. The Cross is food for sailors. The Cross is haven for the storm-tossed. The Cross is the father for orphans. The Cross is comfort for those who mourn. The Cross is the protector of children. The Cross is the glory of men. The Cross is the crown of elders. The Cross is light for those sitting in darkness. The Cross is freedom for slaves, wisdom for the ignorant. The Cross is the preaching of prophets, the fellowtraveler of apostles. The Cross is the chastity

of maidens, the joy of priests. The Cross is the foundation of the Church, the establishment of the universe. The Cross is the destruction of idolatrous temples, temptation for Jews. The Cross is the cleansing of the lepers, the rehabilitation of the weak. The Cross is bread for the hungry, a fountain for the thirsty. The Cross is the good hope of monks, clothing for the naked.

If, O Christian, you will always take up the Cross of Christ on yourself as a help, then evil shall not come towards you, nor any scourge come near your habitation: for the opposition power seeing it trembles and leaves.

St. Epbrem the Syrian

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